

## From Our clients . . .

*"You helped me enormously. I just couldn't have made it without the home companions. Thank you for everything."*

*"You found the perfect assisted living-memory care community for my father in just one day!"*

*"I hired ThirdAge to pay the bills for my uncle. The bills are paid on time, in the correct amount, and the checkbook is always balanced. My stress is eased, knowing his finances are always kept in strict privacy. Thank you ThirdAge Services."*

*"Your keen observations and recommendations probably saved my mother's life. Thank you!"*

*"We were all impressed with your passion for your work and we really appreciate your loving manner. We feel very fortunate to have discovered you. Thank you."*

*"We believe you are a godsend — without your guidance and support, Mother would not be able to enjoy herself and have this good a quality of life."*

*"Because I live so far away it is impossible for me to monitor my mother's care. Thank you for all you do. Your ability to solve problems as they arise is indispensable to me and to my mother."*



Carole Larkin is the Geriatric Care Manager of ThirdAge Services, the only **independent** care manager company in North Texas devoted specifically to families caring for a person with dementia. Carole has a Master of Applied Gerontology degree with a specialty in Aging Services from the University of North Texas. She is a certified specialist in "Best

Care" practices by both the Alzheimer's Foundation of America and the National Council of Certified Dementia Practitioners and has worked for the Alzheimer's Association.

Carole trains home care companies, assisted living communities, memory care communities and nursing homes in dementia care using the Virtual Dementia Experience to enable a higher quality of life for people with dementia. She has training in mediation and works with eldercare attorneys resolving difficult family issues regarding dementia. She educates families in options available for care of their loved ones. Carole functions as the hub of the wheel of resources available to help families, and makes specific recommendations of the highest quality resources available at every price point, saving time and money for the families who secure her services. She has been a Care Manager for more than seven years, and has served older adults and their families for over two decades.



Elaine Wiant is a Certified Fraud Examiner and an actuary. She has more than 30 years of experience working with older adults through non-profit organizations, retirement plans and consulting. Her expertise is in financial management, fraud prevention and detection, retirement planning, and assisting with retirement plans, insurance, Medicare, Social Security, etc..

**ThirdAge Services** LLC



*Expert,  
Professional  
Solutions  
for  
Caregivers  
of  
People with  
Alzheimer's  
and related  
dementias*

**Resources • Support • Solutions**

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## Resources ♦ Support ♦ Solutions

We are the only independent care managers in the Dallas Fort Worth area devoted to families with a loved one having a form of Dementia. (Alzheimer's, and related dementias).

Our services are for the **all members of the family** of the person with dementia as these diseases affect the entire family. Some of the services we provide to help our clients care for family members with dementia are:

- ▶ Education on the nature and course of the diseases:
  - ◆ How to communicate
  - ◆ Best practices of caregiving
  - ◆ Dealing with negative behaviors
  - ◆ Combating stress, guilt and anger
- ▶ Connecting families to the resources they need for planning and management of the disease process:
  - ◆ Specialists such as Geriatricians, Neurologists and Geriatric Psychiatrists for diagnosis and treatment of **cognitive illnesses**
  - ◆ Recommendation of specific Home Care companies with specialized training on dementia and caring for persons with dementia
  - ◆ Recommendation of specific Assisted Living and Memory Care communities with the best dementia care available at varying price points
  - ◆ Eldercare attorneys specializing in Medicaid and Veterans financial planning and/or guardianship
- ◆ Recommendation of real estate agents , moving companies and estate liquidators specifically trained to work with older adults and their families
- ◆ Recommending other services as needed
- ▶ A thorough geriatric assessment of the individual(s) with dementia carried out by our geriatric care manager, a certified specialist:
  - ◆ Screening dementia tests to approximate the stage of the disease
  - ◆ Evaluation of personal and family finances available to put toward care
  - ◆ Consideration of the personality of the person with dementia and family dynamics to better match home care workers or community placement if needed
  - ◆ A safety check of the home
  - ◆ Preparation for legal and health care issues that may arise
  - ◆ Addressing additional issues and concerns of the family regarding the individual
- ▶ Continued assistance to the individual and family.
- ▶ Additional services may include:
  - ◆ Help with paying bills and maintaining financial records
  - ◆ Assisting with Medicare and insurance
  - ◆ Arranging transportation
  - ◆ Arranging for delivery services
  - ◆ Arranging for doctors and other health care professionals to come to the home
  - ◆ Prescreening candidates from home care companies for the family
  - ◆ Accompanying the family on tours of recommended communities

## Virtual Dementia Experience

The Virtual Dementia Experience is designed to give the participant the feeling of “walking a mile in the shoes” of a person who has Alzheimer's or a related dementia.

The Experience sheds light on the seemingly inappropriate and troubling behaviors exhibited by those with dementia. It is meant to expose them as “coping mechanisms” as opposed to “bad behavior.”

With this insight the participant should develop more compassion for persons suffering under these difficult circumstances and be more open to suggestions of techniques for better communication and better care of persons with a dementia.

The wrap up, review and training portion of the experience is intended to reinforce the newly found empathy and add to knowledge of methods for improved communication with, and care of, those persons with a dementia.



Carole is a certified Trainer/Facilitator of P.K. Beville's Virtual Dementia Tour®

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